MUHAMMAD ADNAN ISLAM

Health-Safety-Environment (HSE) / Environmental Compliances / Sustainability / Environmentalist / Effluent Treatment Plant & Water Reclaim / Waste Water Treatment & Recycling

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EDUCATION & ACADEMIC ACCOMPLISHMENTS

Qualification	Institute
OSHA 48 hrs. Safety and Health Manager	OSHAcademy-USA
ISO 45001-2018	OHSMS-USA
IOSH - Managing Safely V 5.0	IOSH-UK
	Federal Urdu University of
BS - Environmental Sciences & Technologies	Arts, Sciences & Technologies- FUUAST

WORK EXPERIENCE

• Currently Working as Coordinator HSE & Compliance, at (PIOGCL) Prime Oil and gas company Ltd., from August-2023.



 2 Years Working Experience as HSE Executive at Siddiqsons Ltd., from June-2021 to August-2023.



• 3 Years Working Experience as an Internee to Compliance Officer at Rajby Textiles (Pvt.) Ltd, from May -2018 to June-2021.



JOB RESPONSIBILITIES



Responsibilities at PIOGCL:

- Perform Environmental audits and implement follow-up corrective action to ensure compliance.
- Managing safely and working with accordance to basic knowledge of various safety regulations or standards (OSHA, NEBOSH, IOSH, ISO 45001, ISO 14001, NFPA, ANSI, NEC, etc.).
- Manages performance statistics encompassing injury/illness count, manhours worked, and key performance indicators, adhering to API 754 guidelines for robust reporting.
- Time-to-time update, Record keeping and maintaining of relevant documents such as PTW, SSOW, CHP, Evacuation Plan, Training Records, Incident/Accident Report Form, LOTO Procedures, Workplace Inspection Checklist, Safety Manual, ERP, SDS, JSA, HIP, CSEP etc.
- Collaborates with relevant department on issues related to occupational safety and Page 1 of 3 health/labor law/workers' rights/human rights/industrial relation/Administration.
- Foster a culture of Health and safety within the organization by regularly

- communicating the importance of H&S and the consequences of non-compliance.
- Provide on-the-job training and support to staff, ensuring they understand and adhere to operational procedures and safety practices.
- Prepare and maintain detailed reports, including operational data, incidents, and any deviations from normal operations.

2.

Responsibilities at Siddigsons Limited;

- Provide Technical assistance for environmental health assistance for Environmental regulations, management system and Projects.
- Conduct regular risk assessments to identify compliance risks within the organization, evaluating potential risks associated with business operations, products, or services.
- Perform regular audits and reviews to assess the effectiveness of H&S programs and identify areas for improvement.
- Establish key performance indicators (KPIs) and reporting mechanisms to track and communicate HSE performance to senior management.
- Establish and maintain comprehensive safety programs, including hazard communication, personal protective equipment (PPE), and safety data sheets.
- Manage the safe handling, storage, and disposal of hazardous materials in accordance with regulatory guidelines.
- Develop, review, and update compliance policies and procedures to ensure they align with current laws and regulations.
- EIA, IEE and EMP reports understanding and preparation.
- Handled such aspects as Solid waste management, Water Balance data, MSDS, Recycling, Renewable energy, PPEs.
- Work closely with other departments (e.g., operations, engineering, human resources) to ensure compliance and address any issues related HSE.

3.

RAIBY Responsibilities at Rajby Textiles (Pvt.) Ltd;

- Provide strategic direction and leadership for the HSE function within the organization.
- Develop and communicate the HSE vision, goals, and objectives to all levels of the organization.
- Develop and oversee emergency response and crisis management plans, ensuring readiness for unforeseen events. Perform Environmental audits and implement follow-up corrective action to ensure compliance.
- Management of multiple key capital investment projects from conception through to completion for a manufacturing facility. Having hands-on knowledge and Management on Integrated Management System (IMS) and its implementation.
- Monitor and stay up-to-date with local, state, federal, and international laws and regulations that pertain to the organization.
- Lead risk assessments and implement strategies to mitigate workplace hazards and reduce incident rates.
- Drive environmental sustainability efforts, including waste reduction, energy conservation, and environmentally friendly practices.

CAREER CERTIFICATION & ACHIEVEMENTS

- Certified Occupational Safety & Health Manager. Completed certification course offered Cardiffe 2 of 3 School of Certified Professional entitled OSHA 48 Hrs.
- Certified Health & Safety Professional. Completed certification course offered Cardiff School

of Certified Professional entitled IOSH-Managing Safely V 5.0.

- Completed Certification Course on The Net Zero Standard from UN Academy.
- Completed Certification Course on SDGs from UN System Staff College.

INTERPERSONAL SKILLS & INTRESTS

- Effective at time management and prioritizing tasks to achieve deadlines.
- Thinks positively and enter the mindset to work well with others and maintain good relationships.
- Fluency in written and spoken English with good communication and interpersonal skills.
- Bike Riding, Driving etc.