



# AFSAL ASHARAF

HEALTH AND SAFETY PROFESSIONAL

## PERSONAL DETAILS

|               |                       |
|---------------|-----------------------|
| FULL NAME     | AFSAL ASHARAF         |
| GENDER        | MALE                  |
| DOB           | 02-04-1995            |
| NATIONALITY   | INDIA                 |
| LANGUAGES     | ENGLISH, HINDI, URDU  |
| MOTHER TONGUE | MALAYALAM             |
| PASSPORT NO   | M9362688              |
| VALID UPTO    | 14-07-2025            |
| QID NUMBER    | 29535640324           |
| VALID UPTO    | 02-01-2024            |
| VISA TYPE     | TRANSFERABLE WITH NOC |

## CONTACT DETAILS

|          |                          |
|----------|--------------------------|
| PHONE    | +974 70422938            |
| E-MAIL   | afsalashraf012@gmail.com |
| WHATSAPP | +974 70422938            |
| ADDRESS  | AL KHOR<br>, QATAR       |

## LANGUAGE PROFICIENCY

|         |
|---------|
| ENGLISH |
| HINDI   |
| URDU    |
| ARABIC  |

## OBJECTIVE

A proactive individual having more than 8 years' experience in HSE field in the areas of oil & gas projects, industrial safety management, HSE coordination with a logical approach.

Looking for a challenging position in HSE wing of your company, where I can expand my professional horizon positively and contribute to the growth of the company. I will also revive the strengths to which, having a good communication and interpersonal skills. My administrative and written communication skills are of the top order.

## PROFESSIONAL QUALIFICATIONS

|      |                                                                                                                                                  |
|------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| DISM | <b>IBOESH- DIPLOMA IN INDUSTRIAL SAFETY MANAGEMENT</b><br>FROM - <b>CLOVERS</b> SAFETY SERVICES Pvt. Ltd. KERALA, INDIA.<br>CERTIFICATE No: 3266 |
| IGC  | <b>NEBOSH- INTERNATIONAL GENERAL CERTIFICATE</b><br>FROM - <b>SAFETY CATCH</b> KERALA, INDIA.<br>CERTIFICATE No: 00334315/805943                 |
| IOSH | <b>IOSH- MANAGING SAFELY</b><br>FROM - <b>SAFETY CATCH</b> KERALA, INDIA.<br>CERTIFICATE No: 449607                                              |

## EDUCATION

|    |                                                                                                                                           |
|----|-------------------------------------------------------------------------------------------------------------------------------------------|
| MA | <b>PURSUIING - MASTER OF ARTS IN ENVIRONMENTAL AND OCCUPATIONAL HEALTH (MAEOH)</b><br>FROM- INDIRA GANDHI NATIONAL OPEN UNIVERSITY, INDIA |
| BA | <b>BACHELOR DEGREE IN ENGLISH LANGUAGE AND LITERATURE</b><br>FROM- INDIRA GANDHI NATIONAL OPEN UNIVERSITY, INDIA                          |

## WORK EXPERIENCES

|                       |                                                                                       |
|-----------------------|---------------------------------------------------------------------------------------|
| TOTAL WORK EXPERIENCE | MORE THAN EIGHT YEARS INCLUDING- OIL AND GAS PLANTS, CONSTRUCTION, MEP, SHUTDOWN ETC. |
| POSITIONS HANDLED     | HSE LEAD, HSE SUPERVISOR, SHES ADMIN, HSE OFFICER                                     |

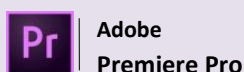
## RESPONSIBILITIES HANDLED

- Incident, Near miss reporting and determination of probable cause and enforcing preventive measures thus assuring 100% Safe working environment.
- Prepare all project HSE plans, HSE manuals and procedures for construction, confines Space entry Plan and Site emergency response plans.
- Conduct regular internal project audit to project site to verify compliance with project HSE management systems and issue an audit report.
- To support and provide guidance to other site personnel and to all project teams on HSE issues.
- Recruit, interview, select, hire, schedule and allocate HSE professional for company.
- To liaise with project HSE manager on HSE issues as required.
- Attending daily walkthrough and weekly safety meetings.
- To make aware the workers about the safe work practices.
- Train the workers about emergency procedures by conducting mock drill in every three months.
- Make aware the workers about fire protection, site safety requirements and Housekeeping.
- To conduct safety orientation, training and meeting to workers and others.
- Checking the safe work plan before starting the work.
- Daily inspection of heavy equipment's checklist and third party certifications.
- Ensuring safety around hot work, hydro test, hydro jetting, sand blasting, scaffolding works etc.
- Mapping out training plans and schedules and developing training programs.
- Maintain trainee's database and training records.
- Determine the impact of training on employee skills and KPIs

|                    |                                                    |                                                                                                                                                               |
|--------------------|----------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| SEP 23 - NOV 2023  | EMPLOYER<br>SHUTDOWN                               | GLOBAL STRATEGIC SERVICES<br>OVERHAUL OF LEAN GAS<br>COMPRESSOR TURBINE AT<br>QG2 TRAIN 5 (25-KT0402)<br>QATAR ENERGY LNG<br>HSE OFFICER<br>RAS LAFFAN, QATAR |
| NOV 22 - SEPT 2023 | EMPLOYER<br>PROJECT<br>CLIENT<br>POSITION<br>PLACE | AL JABER ENGINEERING<br>(NFS-ESW) ONSHORE PROJECT-409<br>QATAR ENERGY LNG<br>SHES ADMINISTRATOR<br>RAS LAFFAN, QATAR                                          |
| FEB 22 - OCT 2022  | EMPLOYER<br>PROJECT<br>CLIENT<br>POSITION<br>PLACE | HYUNDAI ENGINEERING &<br>CONSTRUCTION<br>LUSAIL PLAZA TOWER PLOT C&D<br>LUSAIL REAL ESTATE DEVELOPMENT<br>HSE SITE SUPERVISOR<br>LUSAIL, QATAR                |
| JAN 21 - SEP 2021  | PROJECT<br>CLIENT<br>POSITION<br>PLACE             | SATORP BPOS<br>SAUDI ARAMCO TOTAL REFINING AND<br>PETROCHEMICAL CO<br>HSE LEAD<br>JUBAIL, SAUDI ARABIA                                                        |
| SEP 20 - DEC 2020  | PROJECT<br>CLIENT<br>POSITION<br>PLACE             | RO2-SWCC<br>SWCC<br>HSE LEAD<br>AL KHOBAR, SAUDI ARABIA                                                                                                       |
| APRIL 20-SEP 2020  | PROJECT<br>CLIENT<br>POSITION<br>PLACE             | ICCP<br>SAUDI ARABIAN FERTILIZER COMPANY<br>HSE SUPERVISOR<br>JUBAIL, SAUDI ARABIA                                                                            |
| DEC 19-FEB 2020    | PROJECT<br>CLIENT<br>POSITION<br>PLACE             | HEXANE TANK PROJECT<br>TASNEE PETROCHEMICAL COMPANY<br>HSE SUPERVISOR<br>JUBAIL, SAUDI ARABIA                                                                 |
| NOV 19-DEC 2019    | SHUTDOWN<br>CLIENT<br>POSITION<br>PLACE            | COOLER WATER LINE<br>SHARQ PETROCHEMICAL COMPANY<br>HSE SUPERVISOR<br>JUBAIL, SAUDI ARABIA                                                                    |
| AUG 19-NOV 2019    | PROJECT<br>CLIENT<br>POSITION<br>PLACE             | INSTRUMENT MASTER PLAN<br>SAUDI ARAMCO SHELL REFINERY<br>COMPANY<br>HSE OFFICER<br>JUBAIL, SAUDI ARABIA                                                       |

- Implement and coordinate refreshers training programs.
- Preparation of job safety analysis and risk assessment.
- Ensuring road safety and traffic controls.
- Ensuring the safe work practices of Crane and heavy equipment's.
- Inspection of work sites and taking suitable steps to eliminate all the unsafe working conditions and potential hazards.
- Assess the situation and prevention of accidents.
- Camp and office inspection and audit preparations.
- Ensuring Housekeeping and other

## SOFTWARE SKILLS



## PERSONAL ATTRIBUTES

- CAN HANDLE STRESSFUL SITUATIONS CALMLY AND EFFECTIVELY.
- BEING TOLERANT AND RESPECTFUL OF FELLOW WORK COLLEAGUES.
- TEAM PLAYER, PROBLEM SOLVING SKILL AND QUICK LEARNER.
- ABLE TO WORK IN NIGHT SHIFTS.
- EFFICIENT TO HANDLE EMERGENCY RESPONSE PROCEDURES.
- COMMUNICATION & SOCIABILITY
- FLEXIBILITY
- ACTION-ORIENTED & DRIVE FOR RESULTS
- INTERPERSONAL SKILLS
- JUDGMENT
- ATTENDANCE/PUNCTUALITY
- ADVANCED PRESENTATION / REPORTING SKILLS
- COMPUTER LITERATE

|                    |                                             |                                                                                                     |
|--------------------|---------------------------------------------|-----------------------------------------------------------------------------------------------------|
| JUNE 18 TO JULY 19 | CLIENT PROJECT<br>POSITION<br>PLACE         | SAUDI ARAMCO<br>VAPOUR RECOVERY UNIT -VRU<br>HSE OFFICER<br>DHAHRAN, SAUDI ARABIA                   |
| MARCH 18--MAY 18   | CLIENT SHUTDOWN<br>POSITION<br>PLACE        | UNITED PETROCHEMICAL COMPANY<br>ETHYLENE GLYCOL I TURNAROUND<br>HSE OFFICER<br>JUBAIL, SAUDI ARABIA |
| JAN 18--MARCH 18   | CLIENT SHUTDOWN<br>POSITION<br>PLACE        | S-CHEM POLYMERS COMPANY<br>TURN AROUND 2017<br>HSE OFFICER<br>JUBAIL, SAUDI ARABIA                  |
| JUNE 16--DEC 17    | CLIENT PROJECT<br>POSITION<br>PLACE         | AL MARAI<br>EXPANSION PROJECT<br>HSE OFFICER<br>DAMMAM, SAUDI ARABIA                                |
| MAY 15--APRIL 16   | EMPLOYER<br>DEPARTMENT<br>POSITION<br>PLACE | BHARATH HEAVY ELECTRICALS LTD<br>MAINTENANCE<br>HSE STEWARD<br>KARNATAKA, INDIA                     |



## TRAINING & CERTIFICATES

- ALTERNATIVE FUEL VEHICLE SAFETY TRAINING  
"NATIONAL FIRE PROTECTION ASSOCIATION"
- INFECTION PREVENTION AND CONTROL FOR NOVEL CORONA VIRUS. "WORLD HEALTH ORGANIZATION"
- CPR, AED AND FIRST AID CERTIFICATION  
"NATIONAL HEALTH CARE PROVIDER SOLUTIONS"
- WORK AND MENTAL HEALTH  
"OPERNLEARN -THE OPEN UNIVERSITY"
- INTRODUCING THE ENVIRONMENT: ECOLOGY AND ECOSYSTEMS " OPERNLEARN -THE OPEN UNIVERSITY"
- ACCIDENT INVESTIGATION  
"OREGON OSHA PUBLIC EDUCATIONS"
- COSHH AWARENESS  
"THE INTERNATIONAL ASSOCIATION FOR CHEMICAL"
- ACCIDENT REPORTING AWARENESS  
"THE INTERNATIONAL ASSOCIATION FOR CHEMICAL SAFETY"
- CERTIFIED GAS TESTER – TUV MIDDLE EAST